Final Assessment for 90965 (1.4)

What influence does society have on our choices in relation to physical activity? The implications?

You need to demonstrate a comprehensive understanding of the influence society can have on the choices of physical activities that males and females choose and the implications this can have for you and others.

You must produce a written report/assignment

Your activity logs should have useful Information that you can use in your report.

In your report, you should cover the following:

* What activities you enjoyed and why (what things influenced your enjoyment and why?)
* What is it about these activities that make them appealing to males or females in New Zealand and why is this so?

Some examples of societal influences include: media / advertising / social marketing, popular view, policy, peers, family background, socio-economic status, ethnicity, education level and geographic location.

* How and why does society influence/impact the choices of physical activity that boys and girls participate in?
* What are the implications of these influences for yourself and others. In other words, how do these influence you, others and society? Explain in detail.
* What are some other examples of how society in the 21st century is impacting/influencing our physical activity? How might this effect you, others and society in general?

While it is suggested that you use your physical activity logs as the basis of your report, feel free to include any other relevant information from your classroom learning (sexism in sport etc)